

The Rock the Crone retreat will offer a variety of workshops and opportunities to get in alignment with our own power and wisdom, which will allow us to be more resilient in the world.

Agenda:

Friday, October 17, 2025

4:30-5:45pm: Registration
6-7pm: Dinner
7pm: Opening Gathering
8pm: Create your own Whisk Broom!
craft w/ Cherie Heck

Saturday, October 18, 2025

7am: Yoga with Lisa Alexander
8am: Breakfast
9:30am: From Resistance to Resilience, a workshop w/Annette McLean

Registration Fees:

Earlybird, by 5/31/25

Single room: \$295

Double room: \$245

Regular Registration, from 6/1/25-9/12/25

Single room: \$325

Double room: \$275

Saturday, October 18, 2025

12noon: Lunch
1:30pm: Rock'n Crone Herbal Wisdom, workshop co-facilitated by Nadene Johnson, Julie Maffei, and Cherie Heck
3:30pm: What Does Astrology Have to Say About Your Wisdom Years?, a workshop facilitated by Kim Plumb
5pm: Freetime
6pm: Dinner
7:30pm: Gathering/Ritual

Cancellation

Policy:

\$100 of your fee is a non-refundable deposit. If refund request is prior to August 12, all fees minus the deposit will be refunded. From August 13-September 12, 50% of all fees minus deposit will be refunded. No refunds after September 12th.

Sunday, October 19, 2025

8am: Breakfast
9am: Meditation: Sacred Connections as Support, facilitated by Sandy Williams
10:30am: Book Discussion: "Hagitude: Reimagining the Second Half of Life" by Sharon Blackie, led by Lisa Alexander
12noon: Lunch
1pm: Closing Ceremony

